

Insurance Coverage



Many pregnancy related tests are covered by insurance including screening tests. However, depending on certain policies and member responsibilities the amount covered is specific to each patient. It is important to call your insurance company and discuss with them what services/providers are covered by your insurance and what part you will be responsible for.

The below table provides you with information on the billing codes that may be used for the screening tests. For the 1st tri screen you will receive three bills, one from the laboratory for the blood work and one from this clinic for the doctor and one from the hospital where your ultrasound was performed. The Modified Sequential test will be one bill from NTD laboratories. In order to have your insurance company be able to give you an accurate estimation of what services are covered you will need to provide them with the following billing codes.

Screening Test Options

	1st Tri screening	Modified Sequential (1st Tri screen combined with 2nd tri screen blood work)
Laboratory:	NTD Laboratory V28.8 Screening Blood work 84704: Free beta HCG 84163: PAPP-A	NTD Laboratory V28.8 Screening Blood work 82105: AFP 84704: Free beta HCG 82677: Estriol 86336: Inhibin A
Clinic/Hospital:	76801: Ultrasound: less than 14 weeks 76813: NT measurement V28.8 screening	n/a



Special Care for Mother and Baby

Screening Tests for Birth Defects & Insurance Coverage Information



MOUNTAINSTAR

Maternal Fetal Medicine

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Screening Tests for Birth Defects

What types of tests are available to me?

1. First Trimester Screening
2. Modified Sequential test – combines the second trimester screening with the first trimester screening results – must be performed at the same laboratory – our clinic currently uses NTD laboratories located in New York
3. Second Trimester Screen – this test can be done through your primary care provider’s office

Information on these tests

First Trimester Screen:

This test combines blood results with an ultrasound measurement. The timing is very important for the results of this test to be accurate. The blood work is done between 9 and 13 weeks and 6 days of pregnancy. A small drop of blood from your finger is used for this test. The ultrasound is performed between 11 and 13 weeks and 6 days. We recommend having your ultrasound done around 12 weeks in case dating is off by a week then even if this is the case you will be able to have the test done on the day you are scheduled. The ultrasound will confirm your dates and measure the nuchal translucency (area on the baby’s neck). This test screens for Down syndrome, trisomy 18, and trisomy 13.



Modified Sequential Screen:

In order to do this test a first trimester screen must be done. This test combines the blood and ultrasound results from the first trimester screening test with the blood results from the second trimester screening test. It screens for Down Syndrome, Trisomy 13 and 18, and birth defects such as open neural tube defects (spina bifida, etc.). One vial of blood (approximately 1 tsp.) is drawn and sent to NTD laboratories (where the first tri screening blood work was sent). The blood needs to be drawn between 15 and 20 weeks of gestation. An ultrasound is not performed as part of this test.

Second Trimester Screening:

If you do not choose to do the first trimester screening test or are too far along in your pregnancy to do that test you still have the option of second trimester screening. It is a blood test that looks at markers in your blood that can indicate whether or not you are at increased risk for a child with Downs Syndrome or certain structural birth defects. This is a simple blood test that your primary care provider can help you get if you would like.

Maternal Serum Screening Options

	First Trimester Screening	Modified Sequential	Second Trimester Screening
Timing of Test	Blood work: 9.0 – 13.6 weeks Ultrasound: 11.0 – 13.6 weeks	Do 1st tri screening and Blood work: 15 – 20 weeks	Most laboratories offer this test – it is the same test done as the Modified Sequential test – but it does not combine the results with the first trimester screening test. If you did not do the first tri screening test, you can still perform the second trimester screening test. You will need to talk to your primary care provider about how to do this test. It does not need to be done through our office.
Conditions Screened	Down Syndrome Trisomy 13 Trisomy 18	Down Syndrome Trisomy 13 Trisomy 18 Open Neural Tube Defects	
Detection Rate**	91%	94%	
Test Options	CVS Ultrasound Amniocentesis	Ultrasound Amniocentesis	

**Detection Rate – Chance that the test will identify the conditions that it is screening for.

What do the Results mean?

The tests will give you a “personalized” risk of having a pregnancy affected with one of these conditions. The test will also state whether it is a positive or a negative screen. A negative screen means that you are not at increased risk. A positive screen means that you are at an increased risk for having a pregnancy with Down Syndrome and you will be offered further testing. Most women who have a positive screen do not have a pregnancy affected with Down Syndrome.

Are all cases of Down Syndrome detected?

No, but a majority of cases are detected.

